

# Course Description

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## The Group of **Counseling**

Course Title	Academic Year	Semester		Credits	Course Description
		1st	2nd		
Seminar in Counseling Theories	1	V		3	Throuth understanding all the paradigm in theory and practice of counseling and psychotherapy, students can learn more about counseling and psychotherapy by literary reviews and discussion in class, by deeply resarch and use the theory, students will have the chance to use the knowledge in counseling practice and academic research in the future.
Seminar in Group Counseling	1	V		3	Students can understand group theory more by learning and practicing, and know how to use the theory in in Group Counseling ,also read and learned all kinds of group theory ,helping students have the chance to use the knowledge in clinical working.
Comprehensive to Counseling Psychology	1	V		3	Throuth understanding all the paradigm in theory and practice of counseling and psychotherapy, Students can learn more about counseling and psychotherapy by literary reviews and discussion in class, by deeply resarch and use the theory, students will have the chance to use the knowledge in clinical and academic research in the future.
Seminar in Career Counseling	1	V		2	1.Guide students understanding the method and theory of career development and career selection.

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					<p>2. Developing students to build their own interested and skill in individual career interview and group career counseling.</p> <p>3. Students can using the technique in career counseling, help the client to develop their own career plan.</p>
System Theory and Family Therapy	1	V		3	<p>This course aims to give students an overview of marriage and family therapy with a special focus on systematic theory and therapeutic approaches based on system theory. This course not only intends to provide perspectives of a therapist's role but also address therapeutic relationship between clients and therapists.</p>
Seminar in Community Psychology	1	V		3	<p>1. Guiding students for knowing about the basic concept and relative knowledge of community psychology.</p> <p>2. Guiding students for exploring the possible ways of applying community psychology to practical counseling field.</p>
Seminar in Brief Counseling	1	V		2	<p>1. Learning the deep spirit, concept and skills of Brief Therapy.</p> <p>2. Developing the practical skills and ability of Solution Focus Therapy.</p> <p>3. Applying the theory and skills of Reality Therapy to Mental Health Education</p>
Seminar in Cognitive Psychology	1	V		3	<p>1. Learning the deep spirit, concept and skills of Brief Therapy.</p> <p>2. Developing the practical skills and ability of Solution Focus Therapy.</p> <p>3. Applying the theory and skills of Reality Therapy to Mental Health</p>

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					Education
Legal & Ethical Issues in Counseling	1		V	3	<ol style="list-style-type: none"> <li>1. Guiding students for mastering the ethical codes of professional counseling and important issues of ethics and laws in practical concern.</li> <li>2. Promoting students to obey the ethic rules when they are in practical counseling and showing their best knowlege and ability.</li> </ol>
Techniques of Counseling and Psychotherapy	1		V	3	Understanding, and application of various counseling skills, including structuring and closing a session, attending and active listening, restatement and reflection of content, concretizing, probing, reflection of feelings, empathy, summary, silence, providing information, self-disclosure, immediacy, and confrontation.
Theories of Community and Practice	1		V	2	<ol style="list-style-type: none"> <li>1. Establishing the concept of community counseling, and understanding the organization, practice, professional skills and individual identification of community counseling.</li> <li>2. Discussing relative issues of community, including problems of family violence(victim and inflicter), sextual invading and dropping-out from school. Knowing the strategies of guidance.</li> </ol>
Seminar in School Counseling	1		V	2	Establishing the concept of school and community counseling, mastering the organization, practice, professional skills and individual identification of school and community counseling.
Seminar in	1		V	3	Students can truly acquire the main

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Mental Health					idea of Mental Health and apply it to their daily life and researches.
Seminar in Group Dynamics	1		V	2	Students can understand group theory more by learning and practicing, and know how to use the theory in in Group Counseling ,also read and learned all kinds of group theory ,helping students have the chance to use the knowledge in clinical working.
Seminar in Cognitive-Behavioral Therapy	1		V	2	Students by learning cognitive-behavioral therapy and Hypnotherapy's basic theory, Understanding cognitive-behavioral therapy and Hypnotherapy's practice and skill, helping students have the chance to use the knowledge in clinical working and research .
Seminar in Psychological Assessment	2	V		3	the emphasis of this course is on the theory and practice. First,we will interduce the test or this theory, and also show some common clinical tests as a model, students can learned the knowledge that they must know. also used the technique in test, writting papers, group discussing and supervise. The way of the course are: 1. Teaching,divide into groups and discuss, operate it and discussion. 2.Finding a voluntarily, practicing the tests, the test's result will be show on the class and be supervised. 3.Every students using another test, having a test on one client, the test's result will be show on the class and be supervised.
Practicum of	2	V		2	1. Establishing the concept of

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Community Counseling					community counseling, and mastering the organization, practice, professional skills and individual identification of community counseling. 2. Joining and learning to lead the whole organization and professional working process of community counseling institution. 3. Practicing any kind of professional mental works under being supervised, including individual counseling, group counseling and assessmental testing. Mastering the knowledge and ability of helping people profession.
Postmodern Family Therapy	2	V		3	To understand philosophies (e.g., social constructionism) upholding postmodern family therapy approaches. To understand and be able to some apply some of major therapy theories emerging from postmodern/social constructionist thoughts. To understand and be able to apply recent feminist thought in postmodern family theories and therapies.
Seminar in Case Management	2	V		2	1.Understanding the model of case management, application situation and case manager's function 2.By group discussion and presentation, students will be more sensitive in human and environment's issue,also promote their ability to prevent and solve it.
Family and Marriage Counseling	2	V		2	Supervised experiences designed to prepare the student for involvement in the practice of marriage and family

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Practicum					therapy. Because of differences in individual's training level, experiences, and needs, students are expected to develop their own goals of their professional development for group supervision.
Practicum of School Counseling	2	V		2	<ol style="list-style-type: none"> <li>1. Establishing the concept of school and community counseling, and mastering the organization, practice, professional skills and individual identification of school and community counseling.</li> <li>2. Joining and learning to lead the whole organization and professional working process of school and community counseling institution.</li> <li>3. Practicing any kind of professional mental works under being supervised, including individual counseling, group counseling and assessmental testing. Mastering the knowledge and ability of helping people profession.</li> </ol>
Seminar in Criminological Psychology	2	V		3	<p>Social problems keep come out. Avoiding the though of persecutory happended, by interduce all kinds of criminal cases, based on criminological psychology, integrate victimology 、 sociology 、 crimiology..etc,to declare and analzsis 、 also collocate brief laws and regulations, let students leard more about criminological psychology 、 and prevant crimine and avioding persecutory events. also deeply discuss criminal's motive and technique 、 than can learn how to</p>

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					self-protective and defend ability, decreasing persecutory occurred, avoiding offend against the law and self-inflicted injuries.
Seminar in Employment Counseling	2	V		2	<ol style="list-style-type: none"> <li>1. Discussing the basic theory of Enterprise Counseling from theory views.</li> <li>2. Applying counseling theory and skills to management of human source and educational training practice.</li> <li>3. Designing proper intervention program of counseling according to the character of the organization.</li> </ol>
Seminar in Multicultural	2	V		2	This course is designed to discuss relationships from perspectives of multicultural and diversity (including race, gender, religion, sexual orientation, and social class) as they related to psychological counseling or psychotherapy. Additionally, this course aims to enhance students' cultural competency. One main goal is to help students respond in a culturally sensitive manner to the individuals and families that they serve professionally, especially those who have been marginalized in the society.
Seminar in Grief Counseling	2	V		2	<ol style="list-style-type: none"> <li>1. Understand the complex phenomenon of bereavement in order to help those who mourn resolve their grieving in a healthy manner.</li> <li>2. Understand that grief often surfaces as the underlying cause of various physical and mental</li> </ol>

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					<p>aberrations.</p> <ol style="list-style-type: none"> <li>3. Understand unresolved grief.</li> <li>4. Understand the Attachment Theory.</li> <li>5. Understand Normal Grief.</li> <li>6. Understand the manifestations of Normal Grief.</li> <li>7. Understand Grief and Depression.</li> <li>8. Understand when to do grief counseling.</li> <li>9. Understand the effectiveness of Grief Counseling.</li> <li>10. Understand complicated mourning.</li> <li>11. Understand special types of losses.</li> <li>12. Understand the counselor's own grief, stress and burnout.</li> </ol>
Seminar in Play Therapy	2	V		2	The emphasis of this course is on the relationship between child development and play therapy, theory and skills of child-centered play therapy, development of abilities to conduct play therapy, arrangement of playroom and play materials, the extension of play therapy, and play therapy research.
Seminar in Abnormal Psychology	2	V		3	<ol style="list-style-type: none"> <li>1.The learners in this class are expected to know the theories of disorders in DSM-IV, memorize their major characteristics and know how to apply the simple treatments in their daily life.</li> <li>2.The learners in this class are expected to operate a small group activity for helping the other learners to identify their own emotions and</li> </ol>



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					getting to learn to share their emotions.
Seminar in Crisis Counseling	2		V	2	<ol style="list-style-type: none"> <li>1. Able to understand the basic concept of crisis intervention strategies.</li> <li>2. Understand the nature of a crisis and the problems relate to a crisis.</li> <li>3. Be aware with various crisis situations and the peculiar characteristics each particular crisis produces</li> <li>4. Able to gain skills in applying with a crisis situation.</li> </ol>
Seminar in Adolescent's Adjustment	2		V	2	<ol style="list-style-type: none"> <li>1. Understanding the relate between develop precess and behavior in adolescent .</li> <li>2. Understanding the kinds of adolescent adjustment, cause and effect and counselling tactic.</li> <li>3. Development all kinds of adolescent's adjustment correction course.</li> </ol>
Seminar in Mental Disorder and Diagnosis	2		V	3	<p>Students can learn more about mental disorder and diagnosis's basic concept.</p> <p>Students will be familiar in the contents of mental disorder.</p> <p>Students will have the ability to analysis and diagnose mental disorder.</p>
Seminar in Sandplay Therapy	2		V	2	To learn and understand the theory and techniques of sandtray therapy, and to know how to set up a santray room and collect sandtray miniatures.
Seminar in Counseling for Family Violence	2		V	2	He course in accordance with Sexual Assault Crime Prevention Act, learning children 、 teenager 、 woman

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					<p>and the the old's abuse condition and protect survice · disgussion family violence's now situation · origin · theory · social work's treatment and helping system, through case discussion, students can know more about family violence.</p> <p>contents are:</p> <ol style="list-style-type: none"> <li>1.Exporing family violence's thepy · laws and regulations</li> <li>2.Studying the phenomenon by case study, promote analzsis and dealing ability.</li> </ol>
Seminar in Hypnotherapy	2		V	2	<p>Student by way of contact and understanding hypnosis treatment elementary theory as well as actual drilling. Has the preliminary understanding to the hypnosis treatment and knew how to carry on the simple relaxation and the suggestion. Will promote the student in the future application related knowledge opportunity in the clinical work</p>
Seminar in Arts Therapy	2		V	2	<ol style="list-style-type: none"> <li>1. Understand theories of art therapy</li> <li>2. Develop the abilities to implement of various art media</li> <li>3. Understand methods of art therapy research</li> <li>4. Develop the abilities to implement art therapy on diverse client populations and counseling formats</li> </ol>
Internship in Counseling Psychology	3	V	V	6	<ol style="list-style-type: none"> <li>1. Establishing the concept of guidance and counseling, mastering the organization, practice, professional skills and individual identification of counseling institution.</li> </ol>

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					<p>2. Being part of the counseling institution and participating in their working process.</p> <p>3. Practicing any kind of professional mental works under being supervised, including individual counseling, group counseling, classes guidance, preventional promotion, assessmental testing and Administrative works of guidance. Mastering the knowledge and ability of helping people profession.</p>

